

# 4

PHILIPPIANS

## WEEK 3 // PEACE

### We Have Learned To . . .

#### **CHOOSE Joy.**

**Philippians 4:4 (NLT)** Always be full of joy in the Lord. I say it again—rejoice!

#### **REFUSE To Worry.**

**Philippians 4:6 (NLT)** Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.

### Today Let's Learn To . . .

#### **LIVE In Peace.**

**Philippians 4:8-9 (ESV)** Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.<sup>9</sup> What you have learned and received and heard and seen in me—practice these things, and the God of peace will be with you.

### How Do We Live In Peace ?

#### **SATURATE Your Mind With Things That Help.**

**Philippians 4:8** Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things

**Whatever is true . . . not false, untrustworthy, or imagined.**

**Whatever is honorable . . . not shameful, twisted, or foolish.**

**Whatever is just . . . not wrong, sinful, or rebellious.**

**Whatever is pure . . . not tainted, coarse, or immoral.**

**Whatever is lovely . . . not distorted, ugly, or offensive.**

**Whatever is commendable . . . not gossipy, slanderous, or sarcastic.**

**Whatever is excellent . . . not inferior, wasteful, or flawed.**

**Whatever is worthy of praise . . . not contrary to Scripture, not Christ like, or evil.**

#### **SURROUND Yourself With People Who Show You Jesus.**

**Philippians 4:9a** What you have learned and received and heard and seen in me practice these things . . .

**1 Corinthians 11:1 (NIV)** Follow my example, as I follow the example of Christ.

#### **SEEK The God Of Peace And You Will Find The Peace Of God.**

**Philippians 4:9b . . .** and the God of peace will be with you.

**John 14:25-27 (NLT)** I am telling you these things now while I am still with you.<sup>26</sup> But when the Father sends the Advocate as my representative—that is, the Holy Spirit—he will teach you everything and will remind you of everything I have told you.<sup>27</sup> “I am leaving you with a gift—peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid.